

INTENTIONAL "NATURAL" DISASTERS.

that they have other ways of stopping us than rays in the air.

P.A.
ACCIDENT/
DISASTERS
GRAVITY
EARTH
INTERIOR
STRESS
LINES
QUAKES
ETHER

YADA: Yes, making big storms and quakes. My friends, what causes storms and quakes? I will say something disconcerting - you create storms and quakes. You say, 'No, nonsense!' The other evening I listened to a man talking of gravitation. I do not know that this man knows very much, but I know he feels he does, and so this means he knows very much. But this gravitation is what - is pressure on the earth. What is doing the pressure? Energy? If energy, where is it coming from? According to your scientists, from out of space. But also body has inner fire. -- Any spinning body in space is creating an inner fire as well as an outer pressure. These we call stress lines of a body. Now how many pounds a square inch? If you take this pressure off, you blow up. Yes, now, when quake is going to come, this pressure coming down over a certain part of the earth is broken - the ether stress lines become shattered, and the ground underneath that is being held down comes up - great upheaval. Great shaking, because no pressure - pressure has been cut off for a time.

FEAR

You have body - is emotional body. This low self is governed by the emotional body. When we become angry, we charge the ethers with energy, measurable energy - measurable pressure. Think of many people living in fear - in lust. It is going to shatter the stress lines and pretty soon you have disturbed field - the atmosphere will be aflame. If you could only know the truth of this, but I suppose not too many will take this to heart. You are living in modern age where you have great mind as far as mechanics go, but you are knowing so little about yourself. Have you ever approached animal in fear? You see what he does? He will attack you or run from you because he senses this fear. How does he sense this? It causes you to throw off an energy and it contacts his nervous system. Why do I tell you this? Perhaps in knowing it you will see the value of controlling yourselves. Not permit yourselves to blow up.

AUTOCONTROL

YADA: You poison your system when you do this. You bring on disease this way. The start right here in your psyche. Very bad for the nerves. The nerves operate your glandular system. If you stifle them or close them off entirely -

If this is so, what about the other theory I have heard about? If the subconscious does bring about certain diseases by reincarnating. Are you suggesting we try to live on an even keel - normally - naturally.

EVIL
GUILT
COMPLEX

YADA: It is difficult to say what is natural or normal. It is one thing to you and another to someone else. It is difficult to say that to live normally is right. The word Karma means cause and effect? What is life - life is action. The only time as individuals are alive is when we are in action, and we are always in action. If this is so, action means to do this and to receive this - cause and effect - and cause - cause and effect. If we are going to live how can we keep from making which is called mistakes? We cannot. What we, I think, should do, first is try to break ourselves of having guilt complex over our acts, remembering that all acts are right in this time and place. If you break a law that is in your environment you will have to rectify it in some way, perhaps with your life. You have many laws many. I do not see how you live. But if you know it is a law not to do this or why do you do it? You know you have to pay. It is the same in all ways. But you know what nature means? If you do it a few times it does not mean anything to you. We are making sounds, vibrations, tones, causing molecular motion. Is there anything else besides this molecular motion?

-- the third month of the coming year there is a great change coming. Will the month bring back the majority of the boys from Korea? My change will be great in third month.

YADA: Yes, but other boys will go.

-- I thought all the boys would come out.

YADA: Yes, for a time. UN is going to make agreement with the Communist government in China to bring it to a close, but do not let this fool you, because after that it is going to be bad.

-- Will I have a change in my life?

YADA: I do not know. Only you will know. I cannot tell you and if I did you may take my words and follow them. Life is born out of change. And if we make suggestions to one another we might bring about a change that is not for them and we have much trouble. Here is Karma - making this kind of mistake. Not knowing that you are concerned with it but you have involved yourself in another person's life.

I.P.: In regard to the boys in Korea, they will not all be drawn out?

USA. LIBERTY WW YADA: Some of them. Only some of them. I tell you this - (your ^{USA} country is the only one in the world that is holding the light), and if you let it go out, your earth will suffer 5,000 years of darkness. You stand guard, You watch and you help. Do all you can to keep this flame burning. The sacred flame of liberty. Long before your country was settled, the guardians of the earth were preparing this country you are now in, for these things. - To be holding the light. For this war that is to come will be the last war that man will have for thousands of years.

-- How are we going to have it - if we have the UN - that is putting the light out-

USA. RUSSIA YADA: U N - that means together - working together. Now you have one country called Russia - China and many others between that do not want this unity state of man - they aim to keep the individuals divided because they become better slaves. They aim to keep the individual from becoming responsible for himself. About the Russian people - Russia has exploded the hydrogen bomb and before the British people, in Siberia. No, your country, Russia, China, and all of them, the whole vast world of men, is in a stew. Each of them say they are right. But it is the Governments who say they are right. Your ^{USA} country is the cradle of liberty. The candle that is burning, the light of liberty, is flickering in corruption and hate. A faction that will try to rule you, and Russia is the only country that is powerful enough to fight this faction. I will name no names.

-- How can you foresee the future? How can you see ahead? When we have not lived it yet?

TIME hours C. YADA: There is no past, no future, there is only ^{PRESENT} now. That which appears to be past and future is the illusion that man suffers from. You understand? Think of it, man suffers an illusion that there is something called time in motion, but time is not in motion, matter is in motion. Time is not doing anything - It is not standing still or going, either - it simply is not. Time is consciousness. Right now you are aware of this room - an hour from now you will be consciously aware of outside - but the room will be still in your consciousness. This room eternally exists - in the ever-present now. I wonder if you understand.

-- No, not really.

-- There is the solid approach - everything is something - it is there. -

-- What about the third month of next year? It is not here yet.

YADA: That is right. Perhaps if you could be lifted up to distant star - perhaps light years away and you could take telescope and look back on your earth- right in

inner and outer, and what that which is called the voice of the all-wise will speak to you, and that which you hear you shall see. It is of your own being. Divinity - or whatever you speak will be, each one of us are part of the universe. This we have come to know. We have created our worlds. Only we can be understood if fully we must not feel the burden of the future or the weight of the past but permit him to go, and permit him the right to find himself and his own path. A true master does not wish that he be master of any, but himself.

And the teacher is only right for disappointment, for only then can he live enough for our path to reach us. It is his own destiny to love you.

Q: I am not sure that I can accept your kind words and say that I am not sure that you will be in my life and only you will know, and I am not sure that I can accept your kind words. (I have accomplished much in my life, but I am not sure that I can accept your kind words.)

A: You are not sure that you can accept the teachings of the universe by the voice of the all-wise.

Q: I am not sure that I can accept your kind words and say that I am not sure that you will be in my life and only you will know, and I am not sure that I can accept your kind words.

A: I am not sure that I can accept your kind words and say that I am not sure that you will be in my life and only you will know, and I am not sure that I can accept your kind words.

Q: I am not sure that I can accept your kind words and say that I am not sure that you will be in my life and only you will know, and I am not sure that I can accept your kind words.

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KUNDALINI

esn't tarry to write so many words. He leaves that labor to the pupils.

Q.: Is there any one person to whom this work can be attributed?

A.: No, much of this was obtained in meditation -- a little by me and by others. T.M.
The words of your master, Christ, been truly kept and given out in the pro-
per manner, the world would today be what the world has been looking for, for
many centuries -- paradise. Instead, the very ones that the Christ drove
from the church took the words and changed them about to suit themselves, and CHURCH
presented it to the people.

Q.: Intentionally changed them?

A.: Yes. They found they could not destroy him, so they set about to falsify WORDS
the words, thereby to some extent destroying his teachings.

Q.: We are told that you withdrew into a monastery at the latter part of
your life; is that so?

A.: Yes.

Q.: Did you write the book after going into the monastery?

A.: No.

Q.: You did not return to the outer world from the monastery? TO UNDERSTAND OURSELVES

A.: No. I wish to say this before I go: Of all things in life, the most important
to learn of yourself -- to understand yourself. All other things are insig- ←
nificant in comparison. No one, no thing, exists apart from yourself. When ←
you understand that, you will be on the road to freedom and to your own God ←
of. Did someone wish to ask a question?

Q.: I was wondering if you could give us any specific instances where the
words of Christ were changed?

A.: At the present time I will leave you to consider it. At another time I will
warn and point out some of the twistings of the teachings. (4:23 P.M.)

Remarks passed about Lingford -- as to his attractive personality, etc. Some-
one wondered why he had not come to speak to the group.)

8 P.M. -- Lingford: Go ahead; let them talk about me. I like it! You know, ASTRAL
still have some vanity. VANITY

Q.: Many people say nice things about you in the letters I receive.

A.: That's more than I had when I was there.....That was an interesting talk
I had with the Chinese philosopher. I myself have gotten in a little late.

Q.: How did you know we were going to have this meeting today? We had not
expected to have one.

A.: Lingford; Before I answer that I will answer something else. You said, "I can't
understand why they come here. They must have other things to do." You ask why

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That is right - and that is something that would be spoken of in the future
by some of the other dimensions but what is called a hallucination

We have seen

Programs

That is not very understandable, I am afraid, to the people, I do not think
they would comprehend this. A few, yes, but very few. For all the matter world and sound
or what is called light - by vibration motion - when you see a spot of sound -
what is called sound - or what is called electrical energy. These dimensions
your scientists speak of - your sound - only for the world is a vast field of
points. Well, to say they are wrong would be to say that in the world there is
no sound in a word made up of vibrations - for in the world of things there is
nothing that is not vibrating. I think it is all vibrating. I think it is all
vibrating. These dimensions of light and sound and electricity and magnetism

Let me read you two or three lines from this letter of Dr. Robert M. Serber

The atomic planes do penetrate the matter now called "it" - for all their
effective action they must be considered as penetrating the matter in the
medium in which is the atomic level of the matter. The atomic level
is this - in this order being the atomic level of the matter. The atomic
level is the level of the matter. The atomic level is the level of the matter.

They do not let us see something else, but they do let us see something else
of the matter. As well as something else of the matter.

Including the matter

It will not speak of the quantum field now, but I will say that the quantum
field is a physical form and is contained in the matter. It is not a separate
thing. But these things vary often. The quantum field is not a separate
thing. It is contained in the matter. It is contained in the matter. It is
contained in the matter. It is contained in the matter. It is contained in the
matter. It is contained in the matter. It is contained in the matter.

Intended - (tape not clear)

That is right, they are experiments. I think so.

Dr. Lee Wood asks are they observing - those that are created for them or
people that run across them?

They are only interested in the (condition) of the people who find them - they
are only interested in the conditions and the presence of that form that they
love in your time. Some of those to be identified as humans - many pictures of
the human form of the earth - then they are automatically withdrawn - the energy
then to take them destroyed. Man - not man of the physical plane but the atomic
nature, are obviously at work in (experiment) - projecting into your time
and all different forms. Now let us take it like this perhaps, as the individual
man will go along for number of years and never have what is called hallucinations
and then all of a sudden he will, and these hallucinations will either take place

VERTICAL

DEATH EXPERIENCE ↓

ing there with sorrow on their faces, sobbing, and really, I red if I was worth that much. But you know, I couldn't get to in any way at all. Couldn't reach them.

So after a time I gave it up and walked out of the house and all over London. The streets were teeming with people--traffic here. I found myself jumping out of the way of many people. At a time, I ceased to jump, and noticed that they could pass right through me. I wasn't there--and yet I was there.

"What a dilemma!" continued Professor Alfred Luntz. "I wandered in this manner for a considerable time, with no one to talk to, no one to talk to me. I suppose if I had been of less orthodox I would have at least attempted to contact one of the endless number of mediums in town. But then, I knew better than to do that, because I had taught that those who attempted to communicate with the dead were not communicating with the dead at all, but with evil spirits, and I didn't want to be an evil spirit. But after a time, one did come to me and took me out of my stupor and helped me to get a very good education about life.

Now, some individuals do not get this sort of education. They are permitted to come into the astral world and are greeted by certain friends or relatives as the case may be, and are taken to certain ^{TO CREATE} benefits that these friends and relatives have created for them -- for ^{ASTRAL ENVIRONMENT} benefit; even creating Heaven, -- creating all the conditions in which one will act as a God and another acts as the Master, the Christ, and they come in glowing robes to greet them. Which is as it should be, for there are many who come like children, lost in their beliefs of God and what it means. And God.

Nature does not deny any of us that which is right for us. In my case, I have had the pleasure and the honor to use this man's body to converse with people on earth. I have been asked many times, what about the suicide? What is his lot?"

Suicide

It depends entirely upon his attitude toward taking his own life. What led him to it? What series of thoughts led him to taking his own life? If it was for greed, for lust, for possession, then all the things that he lusted after will hold him in the place where he sought and he shall commit suicide over and over again--time after time. He will go through a period of living as he did on the earth plane, and he shall go through many of the identical experiences he suffered on the earth plane up to the time that he was going to take his own life, and then he would take it again, or go through that act. It doesn't sound like a very pretty picture, eh? And yet, my friends, that is precisely what happened.

Suicide By Love

Now if one commits suicide over the loss of one he claims to love ^{LOVE-PASSION} that desire, that love will hold him bound to that one until he dies, and that one passes into the astral world, or until he himself comes out of his stupor -- the stupor of wrong belief in what is ^{LOVE} concerning "love". Love means understanding, and there is no need for one to understand, and that is ourselves -- When we come to ^{TO UNDERSTAND OURSELVES} understand ourselves correctly, then we shan't turn our love into possession, the will to hold. We shall find that love means freedom -- Love is an open hand, and not the closed one.

"Your suffering is conscious suffering," said YADA. "You feel someone is sticking you, but you do not know who. Now if you come like you will know who and who do you suppose you will find it is?"

Ha! I am sticking pins in myself constantly and because I am asleep, I blame it on my neighbor, the devil or God. Poor God, poor devil, poor neighbor.

"I do not find a lack of time because I use the time, because my time is time itself. I do not have time hanging on my hands. Many times I listen to you Americans and some will say to another, 'What are you doing now?' 'I am killing time.' No, time is killing them. Let us permit time to kill us. The only way we can do this is not to try to kill time. For that which we do to another, will be done to ourselves, and time, as an entity, does not want to die anymore than you.

There is no greater killer of the cellular body than boredom. There is excitement is the thing to look for to keep the blood good, to keep the nerves healthy. I do not mean the kind of excitement found in a wild dance, no, the excitement of living is to become conscious. Today in your world deliberations seemingly set out to kill all the senses possible, to dull them. Tobacco on your taste buds is the excitement of tasting. Everything tastes like tobacco. Alcohol, same thing. Alcohol not only destroys the taste buds, it also destroys the brain, the whole nervous system.

KARMA
← EXCITEMENT
← BOREDOM
←
←
← LIVING CONSCIOUSLY
← TO KILL SENSES
← ALCOHOL

"Were you born with tobacco in your mouth? Or with alcohol in your system? No. Am I objecting to these things from a moral standpoint? No. I have no morals, so how can I object to what you do morally? I do not understand the word 'morals.' I live in this way that way because it is more comfortable for me to do so, and if all would do this, understanding that if it is comfortable for him it is also comfortable for his fellow-man, so is not going to attack him.

MORAL

"So you see what you need is re-education. To adopt these teachings, an entire re-education. You would have to come to understand the meaning of what I say. If doing what you want to do helps you to live longer and a better life. But at the present moment I see too many people think 'This gives me a chance to do what I want to do; what I want to do may make somebody else suffer, but that is all right, I get my pleasure.' The moment we bring suffering to another, we are going to bring it to ourselves. This is a natural law, and has nothing to do with morals. It is the law of cause and effect.

RE-EDUCATION
← KARMA

"Many say to me, 'Yada, I hear you talk about the Christian religion. You do not seem to like it, you do not think it a good thing. What would you put in its place?' I would put in its place conscious living, which neither the Christian nor any of the others seem to do. They do not seem to want to live consciously. They leave it to God to do for them, and then they wonder why they are in such mess, and then they blame it on God. I would teach right thinking. What is right thinking? Abiding by existing conditions in which we live, or moving out of that environment when you cannot do these things. But people object to your doing so. But you see if all the people of an environment were taught this, there would be no need for you to move out, for everyone would understand everyone else. So be fully aware, express yourself, my friend, for that is why you are here in the physical world."

LIVING CONSCIOUSLY
←

live enough to pick up these stresses that have been formed in the ethers to record the endless actions of life."

YET) "Will you tell us about the people called the 'snow men' who never come down below the 25,000 foot level?"

DIGFOOTS
"There is a race of people, though not quite like ourselves (if I may include my shadowy self among you) -- but they do belong to the human evolution. They do not stay continually in the snow. They do a great deal of hunting, and most of it by hand. They are huge creatures, some of them running well over eight feet tall, very hairy; and the hair is somewhat yellow in color. I believe they are said to occasionally become bored with their womanless condition and sometimes come down to what is called 'civilization' and nab themselves off a woman or two. The Guardians of this race are trying to bring them up, or down?, into the human form, and this drives them into trying to find a mate in human form. But they have a very revolting habit of killing and eating this mate. Disgusting, eh? -- but it saves a divorce."

HONOR "Your scientists have also found in the upper reaches of the Amazon a very tall race, not dark but fair-skinned."

"The white-skinned Indians?"

AMAZONS "Yes. I believe your scientists have also discovered those called 'the Amazons' -- very large women and equally large men; but this is another group. They live in shadow, in the deep jungles where sunshine cannot get through to them. At some time it will be discovered, also, that there is no 'missing link' in the human race. As long as man keeps looking for traces of himself in earlier times, he will be rewarded by finding traces of man in various shapes and sizes, sometimes very, very small, and sometimes large."

THE PATH OF NON-VIOLENCE

"Professor Luntz, do you see the necessity for another war?"

WAR "You know, sir, we of the Inner Circle have no feeling that man should shed his brother's blood for any cause whatever. The Master Christ came to the Earth, as all the great Teachers did, to tell man that blood shed is no answer to any of his problems. When a man or woman feels it is necessary to stand up and fight for what they think is right, it is probably a sign that they are insecure in their beliefs."

BELIEVES "Now -- and I didn't realize this until I came over here -- we cannot stop wars by stating moral viewpoints, or by debating the wrong or the right; for wars come out of the lust and greed and avarice of the human individual. The individual is just like an atom: the atoms go to make up a form, what is called a substantial form, in your three-dimensional world. The individual is the atom in the nation, that goes to make up the form of the nation. And when any one of us, German, Russian, Japanese, Chinese or whatever, believes that others have more than we, that will lead to the desire to take at least a part of it; and if not given willingly, will fight for it. Most wars are caused by

SOCIAL ATOMS
NATIONAL ORGANISM